



Summer 2024

Dear parents and rising 6th-8th grade athletes,

I pray that your summer is off to a great start and that you will be blessed with an awesome break. With the start of school only a couple of months away, I hope that you will use this break to condition your bodies to be ready for the upcoming fall season. A true athlete never takes time off. The off-season is the time to prepare for the regular season.

To try out you must have properly completed the following forms:

- [Pre-Participation Physical Evaluation](#) dated June 1st, 2024 or later
- [Release of Liability Form](#)
- [Concussion Awareness Form](#)
- A signed copy of the [Athletic Handbook](#) acknowledgement form (last page of the handbook)

These forms are linked above and can also be found on the [school website](#) under the Athletics tab. **If you don't have these forms completed and submitted by the first day of tryouts, or if they are not filled out properly, students will not be permitted to try out.** You must try out to be on a team.

TRYOUT DATES

- Tryouts for **Girls Volleyball** will be on Monday, August 5th and Tuesday, August 6th.
- Tryouts for **Boys Soccer** will be on Monday, August 5th and Tuesday, August 6th.
- Tryouts for **Cross Country** will be on Thursday, August 8th and Friday, August 9th.

Tryout times and locations will be sent out in July via email.

PRACTICE DATES

If your child makes the team (an email will be sent after tryouts to inform you whether your child made the team or not), a required Athletic Fee will be charged to your school FACTS account before they will be allowed to participate in any game or meet. Practice times and days will be communicated to you closer to tryouts.

If you have any questions, please feel free to [contact the school office](#). I pray that you all will have a safe and relaxing summer.

In Christ,

Coach Mike O'Leath